

2014 SUMMER RETREAT

Refresh Your Creative Life

May 2-4
Franciscan Retreat Center, Colorado Springs

With author, artist, and creativity coach Cynthia Morris
And hosted by the Rocky Mountain Chapter of the
Society of Children's Book Writers and Illustrators

Refresh Your Creative Life

Do you sometimes want to run away for a weekend to dream, plan, and fill your creative well?

This year's Summer Retreat provides exactly that – a chance for you to reconnect with your creative joy and fuel yourself to finish the projects you care about.

This year, creativity coach, author and artist Cynthia Morris will facilitate our fun and effective weekend. Through visioning, planning and creativity exercises, she'll guide you to:

- gain clarity about what's needed to move your projects forward
- recommit to what motivates and delights you about your work
- design a creative life that works for you to finish your projects and have fun, too.

Cynthia is known for helping creative people get their important work done in their own way while having fun doing it. Join us for a full weekend that will refresh your creative life and enable you the time and space to work on your projects.

REGISTER BY PAYPAL OR CHECK AT <https://rmc.scbwi.org/events/2014-summer-retreat/>

Online registration is required this year

CANCELLATION POLICY: Due to the move from July to May, we cannot offer refunds after registration unless you can provide a substitute for your spot!

QUESTIONS? Contact

Todd Tuell, Co-RA, todd.tuell@rmcscbwi.org
Denise Vega, Co-RA, denise@rmcscbwi.org
Lindsay Eland, Assistant RA, lindsay@rmcscbwi.org

2014 Summer Retreat Schedule

All sessions will be located in Mt. Cedar room in Francis Place.

Remember: *This is your weekend and even though we've built in a lot of free time for writing and creating, feel free to skip a session if you're on a roll!*

FRIDAY

- 5:00 – 6:00 Registration (Lobby/Foyer, Francis Place)
- 6:00 – 7:00 Dinner (Dining Hall)
- 7:00 – 7:20 Retreat Kick-off – welcome, intros
- 7:20 – 8:00 **Creative Abundance.** Cynthia will open our weekend with a fun session to celebrate our successes and envision even more creative abundance.
- 8:00 – 8:30 Organize optional small groups
- 8:30 Free time/sleep time

SATURDAY

- 8:00 – 9:00 Breakfast (Dining Hall)
- 9:15 – 10:15 **Calling the Muse.** Join us for a special session with sacred sound artist, Ann Martin. Using her crystal singing bowls, Ann will present sound, vibration, music and resonance to calm the mind and relax the body so we might easily access our own inner, creative voice. The perfect start to Saturday! (Note: Ann will be offering a few personal sound sessions throughout the day on Saturday. See her for pricing and to set an appointment).
- 10:15 – 10:30 Break
- 10:30 – 11:30 **Envision Your Creative Life:** Setting Achievable Goals. Using examples, tips and exercises, author Denise Vega will help you set writing or illustrating goals that you'll be able to cross off your list by year's end!
- 11:30 – 12:00 Optional small groups/free writing, illustrating and creating
- 12:00 – 1:00 Lunch (Dining Hall)
- 1:00 – 3:30 **Capture the Wow!** Here we'll set focused thinking aside and dive into the parts that make creating fun. In this session, Cynthia will share her multi-media journaling method, a fun and easy way to keep the creative well full. No art experience required. (see the supply list at the bottom of this page)
- 3:30 – 6:00 Optional small groups/free writing, illustrating and creating
- 6:00 – 7:00 Dinner
- 7:00 – 8:00 Book sales and autographing with Cynthia Morris
- 7:00 - ? Wine, Cheese, Chat and Chocolates!

SUNDAY

8:00 – 9:00 Breakfast (Dining Hall)

9:15 – 10:15 ***Taking Your Inspiration Home.*** Cynthia will lead you in a strategy and planning session to bring all of the inspiration home, plus clear plans to make your ideas come to life.

10:15 – 12:00 Optional small groups/free writing, illustrating and creating

12:00 – 1:00 Lunch (Dining Hall)

1:00 Distant Editor Critique Signups/Farewell

Schedule details subject to change

Supply Lists for Capture the Wow session

You'll want to bring your own Wow Kit for our Capture the Wow session on Saturday. There's no need to buy anything unless you want to; you probably have all these supplies at home already. Cynthia will bring her Wow Kit to share her goodies.

Here's what you should bring in your Wow Kit:

- Blank journal – one you would carry with you regularly
- Glue stick
- Pen
- Pencils
- Watercolor paints, pencils or crayons
- Photos or ephemera that are meaningful to your creative work
- Scissors

Questions about the Wow Kit? Email Cynthia: Cynthia@originalimpulse.com

Faculty



Cynthia Morris Founder, Original Impulse

Through her company [Original Impulse](#), Cynthia Morris helps writers, artists entrepreneurs get out of their own way so they can make things that matter. The author of the Paris novel *Chasing Sylvia Beach* and the how-to guide *Create Your Writer's Life*, Cynthia blogs and publishes a newsletter, *Impulses* to help creative

people stay on track.

Cynthia will have her book for sale Saturday evening so get your own autographed copy!



Ann Martin

Ann Martin has passionately dedicated her life to the union of sound healing and bodywork to assist people in leading more fulfilling lives in healthier bodies. She has combined 20-years of experience as a Massage Therapist, plus 30-year career as a professional singer/musician, with the therapeutic powers of singing bowls and gongs, to create a modern approach to wellness through sound and vibration. These “sacred sound instruments” have been used since ancient times to put the physical, emotional, and spiritual energies back into alignment; creating the perfect container for transformation and

wellness. To find out more about the benefits of sound instruments visit her [MileHighHealingVibe](#).

Post-Retreat “Distance” Editorial Critiques

Two editors and one TBA editor have agreed to provide written critiques to attendees *after the retreat*. All manuscripts will be emailed to Assistant Regional Advisor, Lindsay Eland, who will forward them on to the editors. Editors will send a one-page critique to Lindsay, who will then forward them on to the individual writers via email.

SCBWI members \$35 Non-SCBWI members \$50

NOTE: Only those who have attended the entire retreat are eligible to receive an editorial critique. ***Please have cash or check for the appropriate amount ready on Sunday afternoon or we will not be able to fulfill your request.***

Things to Note

- Submission instructions and a sign-up form will be provided in your retreat packet.
- You will be able to select a first and second choice for your editorial critique but please note that **we cannot guarantee your first choice**. We can only guarantee that you will receive a critique from one of the editors. You may indicate on the form that you don't want a critique if you do not get your first choice and we will refund your fee.
- You will be notified via email about your editorial critique assignment 2-3 days after the retreat.
- You can expect to receive your editorial critique via e-mail around July 11.

***Deadline for RECEIPT of manuscripts (via email to Lindsay Eland): May 30 by 8pm—
NO EXCEPTIONS***

Editor Bio's

Katherine Harrison, *Assistant Editor, Alfred A. Knopf Books for Young Readers @KidlitKat*

Katherine edits picture books, middle grade and young adult fiction. She's worked on books by Carl Hiaasen, Cynthia Voigt, R.J. Palacio, and Markus Zusak among others. Some of her recent projects include Morris Award finalist *Love and Other Perishable Items*, Texas Bluebonnet nominee *Rump: The True Story of Rumpelstiltskin*, and *The Tyrant's Daughter*, which went on sale this February and is already racking up accolades and starred reviews. A former International Relations major, Katherine is especially drawn to multicultural voices, and as a bluegrass guitarist, she's drawn to stories that feature music. She's also seeking edgy contemporary YA, humor, wilderness survival stories, and nerdy characters who are into science. Above all Katherine is on the lookout for fresh literary voices that kids can relate to.

Erica Finkel, *Assistant Editor, Abram Books for Young Readers and Amulet Books*

Before working in children's editorial, Erica worked as a production editor (also at Abrams), earned an MA in Publishing and Writing from Emerson College, taught English to elementary schoolers in France, and got a BA in English at Tufts University. Her first acquired picture book, *Fraidyzoo*, is an ALA Notable book and a Junior Library Guild selection. She has assistant edited a variety of middle-grade and young adult novels, including the bestselling *Origami Yoda* series by Tom Angleberger and *The Infinite Moment of Us* by bestselling author Lauren Myracle. Some of her favorite children's books include *The Little Prince*, *Graceling*, *Eleanor and Park*, *Okay for Now*, *The Scorpio Races*, and *The Eleventh Hour*. She's particularly interested in contemporary fiction and fantasy—and a dash of romance doesn't hurt.

Editor #3 TBA. Information will be posted on the Editorial Critiques page when it becomes available. <http://rmc.scbwi.org/event-2014-summer-retreat/editorial-critiques/>

Venue & Cost



The Franciscan Retreat Center provides a quiet, reflective atmosphere for people from all walks of life for retreats, workshops, seminars, or just time away. They strive to combine the beauty of our surroundings with simple comfortable facilities and nutritious food in a distraction-free environment.

Lodging

Rooms are available at the Franciscan Retreat Center for attendees. You will have the option of a single or shared room or to choose a "no lodging" option.

There are a total of four (4) single rooms. These rooms share a common bath and are first-come, first served via registration on the website.

All other rooms are double occupancy. Each double room has two beds and a private bath. If you choose this option, please email denise@rmcscbwi.org with the name of your selected roommate or indicate that you would like to have a roommate assigned to you.

Registration Fees

NOTE: Due to the way the new registration is set up, we had to divide up the tuition and room and board. These are not exact costs for either, but a way for the system to enable us to have room counts. The totals track closely with the all-inclusive fees from the 2011 retreat.

	Tuition		Room & Board		Total
SCBWI Member Single Occupancy	\$200	+	\$125	=	\$325
Non-SCBWI member Single Occupancy	\$250	+	\$125	=	\$375
SCBWI Member Double Occupancy	\$200	+	\$90	=	\$290
Non-SCBWI Member Double Occupancy	\$250	+	\$90	=	\$340
SCBWI Member No Lodging	\$200			=	\$200
Non-SCBWI Member No Lodging	\$250			=	\$250

Venue Map

The Franciscan Retreat Center @ Mt. St. Francis
7740 Deer Hill Grove Colorado Springs CO 80919
719-955-7025 ext. 7025
email: FRC@stfrancis.org

